



Canada's **healthyworkplacemonth**

mois **nte** au travail au Canada

Together for a Better Workplace

Everyone has a role to play in creating a healthy workplace. Together, we can make a difference!

This October organize weekly activities to empower your employees to improve their:



Physical Wellbeing



Psychological Wellbeing



Social Wellbeing



Community Wellbeing

For ideas, resources, tools, and information visit www.healthyworkplacemonth.ca

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Presented by



EXCELLENCE * CANADA

improving performance, recognizing excellence | améliorer le rendement, reconnaître l'excellence